

Physicians Profiles



The Care Clinic

SIDD ARORA, DO, MS

Our mission: Empowering Minds, Enriching Lives: Revolutionizing the Future of Mental Health and Pain Medicine with Innovation and Excellence. We envision a world where chronic pain and mental wellness is prioritized, stigma is eradicated, innovative practices set the standard for excellence, and quality healthcare is accessible to anyone, anywhere.

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Dr. Sidd Arora is triple board-certified in interventional pain medicine, adult psychiatry and addiction medicine with training from such prestigious institutions as the Cleveland Clinic. He leads The Care Clinic where he champions the responsible integration of technology into healthcare, leveraging AI and telemedicine to augment patient care without replacing the human touch.

His practice implements proprietary AI systems, prioritizing user-friendly telemedicine services that mirror in-person consultations. Their overarching mission is to elevate the accessibility and quality of mental healthcare—with the touch of a button.

The Care Clinic stands apart from other practices with its comprehensive approach to mental health and pain management. It recognizes the intricate interplay between mental health, addiction and pain conditions. It offers ketamine treatment under the guidance of a triple board-certified

physician, one of a handful in the country. “We operate as care teams, ensuring each patient benefits from the collective expertise of multiple specialists,” says Dr. Arora. Emphasizing a multidisciplinary-care model, Dr. Arora’s team stays abreast of the latest advancements in the field to provide cutting-edge treatments tailored to individual needs. “Our clinic transcends mere treatment; we embrace a collaborative role as compassionate guides in your quest for enhanced health and vitality.”

A key challenge is managing patient expectations in an era of abundant information. Effective communication is crucial to align patient understanding with medical reality, fostering trust and empowerment in healthcare decisions. Dr. Arora finds the greatest fulfillment in witnessing profound life transformations and in the heartfelt expressions from patients’ family members who proclaim, “Our loved one is back.”

STEPHANIE BRAGG